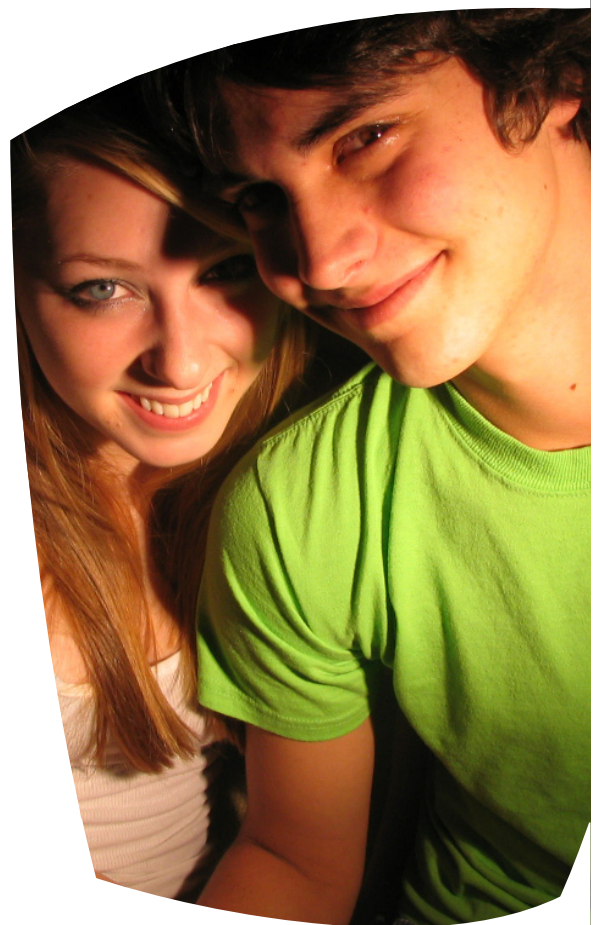


THE NATIONAL DAY TO PREVENT TEEN PREGNANCY

2008 NATIONAL DAY QUIZ

Thank you for downloading the 2008 National Day to Prevent Teen Pregnancy Quiz. If you plan to photocopy this Quiz and distribute it to teens, please let us know about it. Just email nationalday@thenc.org and tell us how many teens took the quiz. Thank you for supporting the National Day!



INTRODUCTION

Thought about sex? Of course you have... who hasn't? Know what you'll do when the moment arrives?

How much do you really know about sex, relationships, and teen pregnancy? How will you avoid getting pregnant or getting someone else pregnant?

Take this quiz and choose the answers that are closest to what you would do in that situation, not the answers you think are 'right.' No one's watching, so be honest. That's the only way to find out how you really score. You might surprise yourself...

INSTRUCTIONS

- Remove pages 8-11 ("Answer Sheet", "Answer Key", "Score Report", and "Did You Know?")
- Read the Scenarios and circle your answer choice on the "Answer Sheet" page
- Tally your score on the "Answer Key" page, and find your range in the score report
- Use the "Did You Know?" page to start a conversation about teen pregnancy or download our discussion guides for parents and teens from www.StayTeen.org



SCENARIO I

Elisa and Laura, both 16, are at the mall doing some last minute shopping for prom, which is just a couple of weeks away.

Elisa: I think I'm going to sleep with Jamie on prom night.

Laura: Are you serious? No way!

Elisa: Well, we've been dating for eight months and I think it's time.

Laura: You'll be safe right?

Elisa: Totally. I'm going to a clinic next week to get the pill.

Laura: Yeah, but the pill doesn't protect you from STDs and it takes *at least* a month to start working.

Elisa: So what? It's not like Jamie's got a disease and everyone knows you can't get pregnant the first time you have sex.

YOU'RE LAURA. WHAT DO YOU SAY TO ELISA?

- A. "Um, have you not been paying attention in health class? You can totally get pregnant the first time you have sex."
- B. "Yeah, the pill's probably good enough. Condoms are icky anyway."
- C. "I'm pretty sure you *can* get pregnant the first time. Why don't we Google it?"
- D. "I think you should talk to someone at that clinic about all of the different ways to protect yourself. You need to make sure you're being safe—every single time you have sex."

SCENARIO 2

Amy's a freshman in high school, but she looks way older than her 14 years...which is why Jeremy, a senior, wants to date her. On their first date, they stop just short of having sex. The next day, he's playing X-Box with his friends when they ask him how the date went.

Peter: That girl has a smokin' body. Seriously, she's the hottest freshman girl I've seen in years.

Dave: I hear she's not shy about showing it off either. But Jeremy can tell us more about that, can't you, J?

YOU'RE JEREMY. WHAT DO YOU SAY?

- A. "You heard right. I figure another date or two and she'll be ready to have sex."
- B. "She's definitely hot, but I don't know. I kind of want to get to know her first before things go any further."
- C. "I can't believe I'm saying this, but I kind of felt weird about the whole thing. We didn't have sex, but we definitely went way further than I expected. She's only 14 and that's way too young to be having sex."
- D. "Unlike you two losers, I don't kiss and tell."

SCENARIO 3

Maria, 15, is a virgin. She's been hanging out with Michael, 16, a lot lately and she's really into him. Tonight, as he's driving her home, he's been especially affectionate, stroking her hair and rubbing her leg. Maria lives on a long, dark road, and suddenly Michael pulls the car over to a secluded spot not far from Maria's house. "Have you ever had sex in a car?" he asks as he leans in for a kiss.

ACT QUICKLY! YOU'RE MARIA. WHAT DO YOU SAY?

- A. "No, and I don't want to. Sex isn't a split second decision and I'm definitely not going to give it up in the backseat of your dad's car."
- B. "No, but there's a first time for everything right?"
- C. "Um, no. I've actually never had sex. Is that okay with you?"
- D. "No. I'm not having sex until I'm married. I'm way too young to be worrying about getting pregnant or an STD."



SCENARIO 4

Emma is in 4th period study hall, secretly texting her friend Ashley.

Emma: i think adam & i are going to have sex tonight

Ashley: OMG!!! r u sure u r ready?

Emma: i'm nervous, but i think so. his parents r away and he got us some weed 2. he says sex is so much better when u r high.

YOU'RE ASHLEY. WHAT DO YOU SAY?

- A. "You should probably make sure he has condoms before you're completely baked. You might forget afterwards."
- B. "Yeah, smoking pot will take the edge off your nerves."
- C. "I don't know. How much do you really trust a guy if he needs to get you high to have sex?"
- D. "Emma, getting high and having sex is a bad idea. Are you sure you're even ready for sex at all?"



SCENARIO 5

Christie's known Todd forever and they have a secret "friends with benefits" arrangement. They have sex, they're careful about protection, but it's not like they're in love or anything. That is, until Christie realizes she likes Todd as more than just a friend. The next time they're together, she tries to tell him how she feels, but he's only interested in one thing.

YOU'RE CHRISTIE. WHAT DO YOU SAY?

- A. "Todd, I'm kind of embarrassed to admit it, but sometimes I wonder what it'd be like if we were really a couple. Do you?"
- B. Nothing. You like Todd and he's clearly into you, even if it is just about the sex. You might as well enjoy it.
- C. "Todd, I don't want to do this anymore. Sex is for people who are in love. If we're not in love, we shouldn't be having sex."
- D. "Even though we use protection every time, I need to protect my feelings, too. This is over."

SCENARIO 6

Matt, 17, had sex with his last girlfriend, but he regrets not waiting. Now he's dating Lindsay, who isn't a virgin either, and she's clearly ready to take things to the next level. Lindsay's on her way over now and she knows his parents aren't home.

YOU'RE MATT. WHAT DO YOU SAY WHEN SHE GETS THERE?

- A. "You know that I'm not a virgin, but I want to wait before having sex again. Not forever, but just not right now. Is that cool with you?"
- B. "I really like you, but having sex really messed up my last relationship. I don't want that to happen to us. I want to wait."
- C. "I've given it some thought and if you're ready to have sex, so am I. It's not like we're virgins or anything and I've got condoms so we'll definitely be safe."
- D. "Forget it. Let's just do it. I like you, you like me. What more do we need?"



DO YOU KNOW THE SCORE?

ANSWER SHEET

SCENARIO 1:	A	B	C	D
SCENARIO 2:	A	B	C	D
SCENARIO 3:	A	B	C	D
SCENARIO 4:	A	B	C	D
SCENARIO 5:	A	B	C	D
SCENARIO 6:	A	B	C	D



DO YOU KNOW THE SCORE?

ANSWER KEY

Scenario 1

If you answered A, give yourself 2 points.

If you answered B, give yourself 1 point.

If you answered C, give yourself 2 points.

If you answered D, give yourself 3 points.

Scenario 2

If you answered A, give yourself 1 point.

If you answered B, give yourself 2 points.

If you answered C, give yourself 3 points.

If you answered D, give yourself 1 point.

Scenario 3

If you answered A, give yourself 2 points.

If you answered B, give yourself 1 point.

If you answered C, give yourself 2 points.

If you answered D, give yourself 3 points.

Scenario 4

If you answered A, give yourself 2 points.

If you answered B, give yourself 1 point.

If you answered C, give yourself 2 points.

If you answered D, give yourself 3 points.

Scenario 5

If you answered A, give yourself 2 points.

If you answered B, give yourself 1 point.

If you answered C, give yourself 3 points.

If you answered D, give yourself 3 points.

Scenario 6

If you answered A, give yourself 2 points.

If you answered B, give yourself 3 points.

If you answered C, give yourself 2 points.

If you answered D, give yourself 1 point.

YOUR TOTAL SCORE IS _____



HOW DO YOU SCORE? SCORE REPORT

SUPER SEXPERT: 15-18 POINTS

Your friends should come to you before they make any decisions about sex, since you're a walking encyclopedia on the subject. You get that the only way to prevent pregnancy 100% of the time is to not have sex. But if you do have sex, you know you have to use protection every single time. Tell your friends to take this quiz and see if they score as well as you did.

SORT OF A SEXPERT: 9-14 POINTS

Most of the time you know what the right choice is, but you don't always make it when it comes to sex. Not having sex is the only foolproof way to prevent pregnancy or STDs. But if you do have sex, you must use protection every single time. Always have a plan.

SO NOT A SEXPERT: 6-8 POINTS

Sex is serious...so why are you acting like it's a simple decision? Hopefully taking this quiz has shown you that sex can have some serious consequences. Learn more at StayTeen.org and then come back and take this quiz again. It's not too late for a second chance—yet.



DID YOU KNOW?

SOME FACTS ABOUT TEEN PREGNANCY

- 3 out of every 10 girls gets pregnant once before the age of 20. As a result, there are more than 750,000 teen pregnancies per year.
- Three out of four teens say they don't think it's embarrassing to admit to being a virgin. Most teens say it would be much easier to delay sex if other teens spoke positively about not having sex.
- One in seven teens has sex before age 15. The younger teens are when they first have sex, the more likely they are to regret it – and the less likely they are to use protection.
- If you're drunk or high, it's hard to make good decisions about sex. Twenty percent of 15- to 17-year-olds say they've done something sexual while using alcohol or drugs that they might not have done if they were sober.
- Relationships between older guys and younger girls often lead to unwanted and unprotected sex.
- If you have sex without using protection there's an 85% chance you'll get pregnant within one year.
- You can always say "no" – even if you've said "yes" before. There are many good reasons to say "no" to sex – protecting your feelings is just one of them.
- While most teens say they feel pressure to have sex, not everyone is doing it. In fact, about half of high school-aged teens haven't had sex.